

Going Vertical 2018 Mission / Activity Descriptions

Morning missions:

Backyard games

Description: Play some good old fashioned backyard games like corn hole, but with a twist. Whether it is a tic-tac-toe relay race, outback bowling, or giant jenga, you are sure to have a blast as you stay active and put your skills to the test.

Weeks: 2 3 5

Bullseye (Archery)

Description: Can you hit the bullseye? Come learn about bows and arrows, then show what you know on the archery range! Stay focused and you are sure to become a skilled archer by the end of the week. Beginners welcome! (Grades 3 – 6 only)

Weeks: 3 4 5 6

Dunk It! (Basketball)

Description: Come improve your knowledge on the court. Learn the basics of basketball, play loads of fun games, get competitive, and become a team player.

Weeks: 3 4 6

Frisbee Fun

Description: Looking to run around and throw things in the sun? Come play Frisbee where everyone has fun! As we work on throwing, catching, and teamwork, the games get better and better.

Weeks: 1 2 6

Horse or Pony?

Description: Come have a great time while learning about horses. Play interactive games to learn about the parts of a horse, the many different breeds, and play some gymkhana! One day, we will actually ride horses on a dirt trail, but bring a helmet!

Weeks: 1 4

Hit the Birdie (Badminton)

Description: What has feathers, but looks like tennis? It must be badminton! We will go over the rules, work on our hitting skills, and play some fun games!

Weeks: 1 2 4

Diamond Games

Description: We like kickball and whiffle ball, so we're gonna do lots of it! We'll stay active as we learn the basics of each game and compete on various teams.

Weeks: 2 4 6

Loud & Proud (Cheerleading)

Description: Are you ready to get your cheer on? This is a crash course in cheering and pom pom moves that will end in a routine we perform at the end of the week during flyby. Stretch your muscles and get ready for a cheer-tastic week!

Weeks: 2 5

On Belay (Rock Climbing)

Description: Whether you're a first timer or an experienced climber, you are sure to have fun on the rock wall. Challenge yourself as you take your summer to new heights (literally)! Follow the safety rules and climb away!

Weeks: 1 2 3 4 5 6

Outdoor Olympics

Description: Get a Team together and go to the Olympics! You'll be challenged in team relays and individual events. Will you win the gold? Do you have what it takes to medal?

Weeks: 1 6

On Goal! (Soccer)

Description: Soccer is a game of speed, stamina, and footwork. Come practice your skills with a ball as we learn kicking techniques, play all sorts of fun games, and get competitive with some team building activities.

Weeks: 1 3 5

Pedal Pushers (Biking)

Description: Do you have a need for speed? Do you want to fly like the wind? Then this is for you. Bring your bike and helmet as we learn about bicycles! We will go over bike history, different types of bikes, bike maintenance, and bike safety. Then we will do some trail riding and test our skills on the bike course!

Weeks: 2 5

Playground Games

Description: This is a time for some good old fashioned playground games. We will have plenty to do and it's all up to you! There's jump ropes, bean bags, bubbles, and chalk. Get creative, play hopscotch, or draw a picture and talk. Maybe start a hula hoop competition or do a relay race. The possibilities are endless when you put on a happy face!

Weeks: 1 4 6

Spike It! (Volleyball)

Description: Bump...set...spike! Are you ready to play some volleyball? This activity will teach you all the basics of this sport with drills, practice, and team games. Whether it's all fun and games or things get competitive, you're sure to have a ball!

Weeks: 1 3 6

Wood Chuck (Woodworking)

Description: Work on your wood crafting skills as we do some awesome projects. Learn about wood shop tools as you make your very own wooden creations. Then take them home to show your friends and family all the fun you had throughout the week!

Weeks: 3 5

Afternoon missions:

Actin' Up (Drama)

Description: Come one, come all! The short and the tall. Stretch your mind and creative skills as we all become actors. Practice acting warm ups and perform in a short skit at the end of the week! Don't miss out on all the theatrical fun.

Weeks: 1 5

Artsy

Description: Expand your knowledge of art. Paint, draw, sketch, color. All this and more, it is sure to be a blast. Come ready to have fun because it will go by fast!

Weeks: 2

Barista Training

Description: Become a Hands & Feet barista for the week and learn how to make fun drinks in the coffee shop! Enjoy a smoothie of your own creation and even add some whipped cream too. It's up to you!

Weeks: 4 6

Book Club (Reading)

Description: Do you love to read? Do you just need a little break from the craziness of camp? Come dive into the wonderful world of books. Choose from our huge selection of picture books, silly books, educational books, chapter books, and more! Grab a couple books, find a comfy spot, and let the adventures begin.

Weeks: 1 4

Construction Zone

Description: Brainstorm, build, stack, play, break, destroy. All of things happen in our construction zone! Use your imagination and you can create anything from castles to mazes to roller coasters for marbles.

Weeks: 1 3 5

Create-A-Carnival

Description: Ever been to a carnival? Whether you have or have not, enjoy the exciting experience of building your very own carnival games! Work on them during the week and decorate them all over, then let everyone play your game during our flyby on the last day.

Weeks: 3 6

Cuisine Art (Cooking)

Description: Do you like to make food? Do you like to eat food? Do you want to create a culinary masterpiece? If you answered yes to any of these questions, then this is for you! Become a chef and learn the basic rules of COOK as you plan, chop, mix, bake, and taste.

Weeks: 2 4

Duct Tape Depot

Description: Have you ever made something entirely out of tape? If not, this is the camp for you! Construct a fun new craft each day and cover it in all sorts of colorful patterns. Make gifts for friends and family or keep your creations as a token from camp.

Weeks: 1 4

Gettin' Crafty

Description: Use your artsy side to make unique crafts. Personalize them with stickers, markers, and more. Stay involved and watch your creativity soar! Each day brings a new experience, you'll be amazed at what you can make with a little guidance.

Weeks: 1 6

Girl Time

Description: Spend some time with the girls doing nails, learning new braids, and making some fun things too. The world looks at the outside, but God sees the real you!

Weeks: 6

Greetings! (Card Making)

Description: Make a card for someone special and decorate it however you would like. We have stamps, markers, stickers, pens, glue, jewels, the possibilities are endless!

Weeks: 2 3

International Flair

Description: Say hello, count to 10. What's to eat? What's to wear? Where in the world is: Japan, Czech Republic, Dominican Republic and Brazil? Find out with us on this world tour.

Weeks: 3 5

Just An Illusion (Magic)

Description: Is it magic or just an illusion? Learn some simple card tricks and illusions that are sure to wow your friends!

Weeks: 2 5

Let Go of My Lego!:

Description: Build it wide. Build it tall. Build it with Legos, best of all!

Weeks: 2 4 6

Lots of Knots:

Description: Flex your fingers and get ready to knot! Lots of knots to make jewelry and a plant hanging macramé! It's a flashback of the modern kind.

Weeks: 1 4

Mad Scientist

Description: Test tubes and magnets ...oh my! Come explore the fun side of science as we do some crazy cool experiments that will knock your socks off (but not really)! There might be explosions, there might be eruptions, but it will surely be an experience you won't forget. (Be sure to register for your correct grade)

Weeks: 3 5 6

Man Camp

Description: Are you ready to be stretched to your limits and learn what it takes to be a man? From tying knots to pitching a tent and digging a fire pit to pie-eating contests, we got it all.

Weeks: 1 4 6

Outdoor Adventure for Girls

Description: The great outdoors aren't just for guys. Girls dig it too! Learn some outdoor skills, girl style!

Weeks: 3 5

Pottery & Paint

Description: Let's get artsy! Create a personalized pottery item with paint. Have fun with it and let those creative juices flow.

Weeks: 2 3

Seeds & Soil

Description: What does it take to grow a plant? Look at different types of seeds, kinds of soil, and how a plant grows. Guess what seed makes which plants (and taste them too) and grow your knowledge while having fun!

Weeks: 2 4

Sweet Stuff (Candy Making)

Description: From chocolate to fruit, we're all about that sweet stuff. Learn about candy making and create a new tasty treat each day. Don't worry...you get to eat them too!

Weeks: 3 6

Table Games

Description: You know Uno? Guess Who? Candy Land? Can you Connect Four? Well we got them all! Relax in the afternoon and have a ball. Pick from a wide selection of board games and cards. Some are easy, some are hard. Play by yourself or on a team, who do you think will reign supreme?

Weeks: 1 5

Top Secret (Spy School)

Description: Shhhh...this is a spy school. Everything we learn is top secret. You will become an agent, make your own ID, create a code name, and even climb through a laser maze. Of course there is so much more, but we can't give it all away.

Weeks: 2 5