



- 5 As you look back on your prayer life in the last couple of years, what one word would best describe it, from your perspective? What has frustrated you most? What has pleased you most?
- 6 John urged us all to pray three times a day, at certain times of the day, in order to develop a habit of prayer.
- A What are you looking forward to about that project?
- B Is there anything about the idea that makes you hesitate?
- C How is it going so far? (Sunday groups can skip this question.)
- 7 In what ways do you hope your prayer life will change over these next few weeks?